

Endometriosis Symptom Checklist

It's important to discuss your symptoms with your GP. We've developed a questionnaire for you to take with you.



Tick the appropriate box for each symptom	YES	ΝΟ
Painful periods		
Heavy bleeding during your period and/or passing clots		
Irregular period cycle		
Bloating, especially before or during your period		
Chronic fatigue, particularly around your period		
Mood swings including anxiety and depression		
Pain that hinders daily activities		
Lower abdominal, pelvic, and/or lower back pain at any time		
Discomfort or pain while going to the toilet		
Frequently needing to wee, constipation, or diarrhoea		
Pain during or after sex		
Vaginal pain or discomfort		
Progressive worsening of pain over time		
Respiratory issues such as asthma-like symptoms		
Lack of success in falling pregnant		
Family history of endometriosis		

If you experience any of the above symptoms, you may benefit from a GP referral to Dr Lanziz Homar. The TOAG team provides compassionate and tailored care to women of all ages.

For your Doctor

This questionnaire is intended as a guide only. If in your professional opinion, you think the patient would benefit from seeing a gynaecologist, refer via online form, fax or Medical-Objects and we'll take care of the rest.

Dr Lanziz Homar

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